



# IPSWICH INSTITUTE

## Members' Programme Summer 2010

Library & Reading Room,  
15 Tavern Street,  
Ipswich IP1 3AA  
Library: Tel 01473 253992  
email: [library@ipswichinstitute.org.uk](mailto:library@ipswichinstitute.org.uk)

The Admiral's House,  
13 Tower Street, Ipswich, IP1 3BE  
Reception: Tel 01473 253995  
Chapters Restaurant: Tel 01473 287721  
**Registered Charity No. 304772**

### *AUTUMN TERM COURSES*

#### **Course Enrolment Information**

**Completed forms** should be returned with payment by **5pm Monday 9<sup>th</sup> August**. Forms received after this time will still be processed if course places are available.

**Extra forms** are available on request.

**Over-subscribed courses.** Places will be filled by drawing enrolment forms at random from all those received by 5.00 pm Monday 9<sup>th</sup> August.

**Fees and Term Dates.** See table on centre pages for details of dates, times and prices.

**For more information** on courses or enrolment please ask at the library desk.

*We are anxious to meet the needs of all our members, including those with disabilities. Let us know if you have special requirements and we will do all we can to help.*

*Please note that most of our teaching rooms are on the first floor.*

### *LANGUAGES*

<b>French</b>	Beginners	Fiona McDonald	Wednesday	9.30 - 11.00
	Improvers	Fiona McDonald	Wednesday	11.15 - 12.45
<b>German</b>	Beginners	Karen Patrick	Wednesday	1.15 - 2.45
	Improvers	Karen Patrick	Thursday	11.30 - 1.00
	Advanced	Karen Patrick	Thursday	1.15 - 2.45
<b>Italian</b>	Intermediate	Angela Petch	Tuesday	11.00 - 12.30
<b>Latin</b>	Beginners	Karen Patrick	Monday	1.15 - 2.45
	Improvers	Karen Patrick	Thursday	9.30 - 11.00
<b>Spanish</b>	Beginners	Marga Spilman	Monday	9.30 - 11.00
	Improvers	Marga Spilman	Monday	11.30 - 1.00

**Café Francais** with Dominique Nightingale 3<sup>rd</sup> Wednesday in the month 10.00 - 12.00  
Monthly 'café culture' gathering to discuss topical issues in French. Exchange points of view and experiences on all kinds of subjects, honing your language skills at the same time. The theme is the Anglo-French relationship - but bring along your own questions too. Six sessions as follows:

21<sup>st</sup> Jul: The French Revolution, as seen in France and England: A tale of two democracies.

11<sup>th</sup> Aug: Dealing with the French: DOs and DONTs.

15<sup>th</sup> Sep: The French mean to protect their culture, the English are free-market champions - how cordiale is the Entente?

29<sup>th</sup> Oct: Can words kill and which ones? The pitfalls of English and French language.

17<sup>th</sup> Nov: Rule Britannia, Rule Marianne: colonialism & the legacy of Anglo-French rivalry.

15<sup>th</sup> Dec: The *oh, la, la* factor: what is it about the French that drives the English mad & vice versa?

Suitable for advanced French speakers. 6 sessions, cost £19.50

**Please note special arrangements for this course: Enrolments will be taken from 9.00 am Tuesday 13<sup>th</sup> July at the library desk. Postal bookings will be dealt with at 12.00 noon on that day.**

## HISTORY, PHILOSOPHY & DEBATE

### **'Divided Kingdoms: The British Civil Wars. 1642-1649'** with Dr Simon Doney

Thursday 10.00 - 12.00

The course will provide a survey of the course of the Civil War in the three kingdoms of England & Wales, Scotland and Ireland. Topics will include studies of the experience of civilians and soldiers on both sides, godly reform, the debate on religious toleration, and the rise of the army. There will be two special sessions, the first looking at the impact of William Dowsing in Suffolk, the second focusing on the Levellers, their ideas and the Putney debates of 1647. A final session will answer the question, 'Why was King Charles I put on trial and ultimately executed in 1649?'

### **Genealogy - Family History via the Internet** with Chris Banham Monday 1.30 - 3.30

If you are interested in or new to Genealogy and wish to research your ancestors, Chris is again leading informal workshops covering a wide range of topics. Using the Internet he will cover getting started, family trees, surname concentrations, census returns, maps, newspapers, Cyndi's Lists, photo detective, occupations, website listings, question and answer sessions and much more. Have members of your family collected photos and papers? If so, you could have the starting point you need to find the origins of your family name.

### **The Philosophy of Love, Sex and Marriage** with Dr Alan Collett Thursday 2.00 - 4.00

What is romantic love? How important is sexual pleasure? What can be said for and against same sex marriages? These are some of the many questions addressed in this course. Love, sex and marriage are three of the most important aspects of human relationships and they raise many philosophical issues concerning definition, value, morality and the good life.

Participants will encounter the views of a variety of philosophers, both ancient and modern, and a different topic will be introduced each week followed by a general discussion led by the tutor.

Course book - *The Philosophy of Love, Sex and Marriage - An Introduction* by Raja Halwani.

Purchase of this book is highly recommended but is not essential for enjoyment of the course.

### **Discussion Forum** with Karen Patrick 2<sup>nd</sup> Wednesday in the month 10.00 - 12.00

If you are interested in discussing/debating topical issues of interest in a relaxed atmosphere over a cup of tea or coffee, the new monthly Discussion Forum is the place for you. Exchange your views and share your experiences on a wide range of issues - national, international and local.

The tutor will provide material relevant to the discussion in advance, but participants are invited to bring along their any questions and materials they would like to share with the group. The two hour sessions will not only be educational, but also fun.

Enrol for four sessions: dates and topics as follows:

8<sup>th</sup> September: "Unity makes strength" is the Belgian national motto. Will Belgium stand or be torn apart?

13<sup>th</sup> October: "...Israel plays into Hamas's hands" The Economist June 11<sup>th</sup> 2010. Do you agree?

10<sup>th</sup> November, 8<sup>th</sup> December - Topics to be confirmed.

## COMPUTING

### **Introduction to Computing** with Chris Banham Thursday 10.00 - 12.00

A gentle guide to using a computer for complete beginners. From the use of the keyboard to creating letters, plus an introduction to the Internet and maintaining contact with friends via e-mail. Join other like-minded students who wish to find out more about Information Technology. Chris will lead you at your own pace and take time with you individually if required. Notes will be provided. Why not take this opportunity to discover more and join Chris in September.

**This course will take place at the Ipswich and Suffolk Club, Northgate Street, with individual computers provided and included in the cost. Eight sessions: Cost £98.00**

## ***CREATIVE WRITING, LITERATURE & MUSIC***

### **Creative Writing** with Peppy Barlow

Alternate Wednesdays 2.00 - 4.00

A course for anyone interested in writing at any level and in any style. The classes are informal and there is a lot of discussion. It is a place for exploring and developing your own talent with support and advice from the tutor. Most of the writing is done at home between classes.

### **Creative Writing - Building a Character** with Sally Wilden

Friday 10.00 - 12.00

The course will offer approaches to realising a character when writing different forms of fiction. The sessions will suggest sources for creating a character and how this can inspire the initial stages of writing. We will consider the importance of building complex and often contradictory aspects of character and how this can feed into our writing to make it convincing. We will explore the use of imagery and metaphor to reveal and deepen both the interior and exterior world of our characters.

### **Poems, Prose and Pictures** with Michael Stag

Friday 10.00 - 12.00

This popular course offers the opportunity to share the wealth of English poetry and some prose, accompanied by slides of paintings from English and European galleries.

### **Singing for Fun** with Carolin Comberti

Wednesday 10.00 - 12.00

This class is intended as a feel-good alternative to the choral society, aimed at all those who would like a chance to sing in a friendly, informal group without any performance agenda. It has been proven that singing stimulates the body's endorphins - the 'happy hormones' - and this class intends to do just that. We will sing simple harmony and gospel songs from around the world - taught by rote, so there is no need to read music. Carolin firmly believes that everyone can sing. All you need is enthusiasm and the desire to take part in some enjoyable music making.

### **Music and Art** with Prof. Chris Green

Friday 2.00 - 4.00

This series of 6 sessions explores the relationship between music and the visual arts from pre-Reformation to contemporary Pop-art. Some of the issues include the ways we process information about music and art; for example, art exists in a space dimension - one can return to look again at a picture. But music exists in a time dimension - only the physical score and memory remains once a performance has taken place. The lecturer will explore different periods, including Baroque, classical, degenerate art and music and public art of post-Second World War Britain.

6 sessions 24<sup>th</sup> September, 8<sup>th</sup> & 22<sup>nd</sup> October, 5<sup>th</sup> & 19<sup>th</sup> November, 3<sup>rd</sup> December

## ***HEALTH & FITNESS***

*Where there is a choice of time, please state your preferred class on the enrolment form.*

### **Fit for Life** with new tutor Alison Basil

Monday 10.00 - 11.15 and 11.30 - 12.45

This popular course returns with a qualified new tutor and offers gentle energising and relaxing exercises which can improve general health and well-being, whatever your age or fitness level. The course will use practices from T'ai Chi, Do-In, Qi-Gong, the Meridian system and Yoga. The activities are suitable for all abilities and can be adjusted to individual needs. Please wear loose clothing, bring a mat or similar and a blanket for relaxation. Further details available on request.

### **Yoga** with Adrienne Marriott

Tuesday 9.45 - 11.00 and 11.15 - 12.30

Stretch and relax with Yoga for all abilities.

### **Alexander Technique** with Rosalind Field

Wednesday 12.30 - 2.00 and 2.30 - 4.00

Learn a skill for life which helps improve balance, co-ordination and ease of movement. The technique can enhance the quality of your health, well-being and enjoyment of life. This unique, self-help method can be applied to all the activities of daily living. Further details are available from the library desk.

### **Mind Games** with Lesley Benson

Tuesday 1.30 - 3.30pm

Join Lesley for four Tuesday afternoons and discover how to give your brain a thorough workout. Learn the brain gym exercises (so much easier than the other kind), gain a better understanding of how to improve the creative and reasoning sides of your brain but above all come for a lively time. Guaranteed to get you laughing. **4 sessions 14<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup> September & 5<sup>th</sup> October**

## *ART & CRAFTS*

**Botanical Painting** Sara Harrington Monday 10.00 - 12.00  
A simple introduction (suitable for all abilities) to painting autumnal flowers, leaves and fruit in watercolour, using botanical methods, techniques and tips to develop your own painting skills. A list of basic art materials to bring is available at the library desk.

**Painting People and Places** Tom Davey Monday 1.30 - 3.30  
Paint or draw the figure in different environments using photographs, memory or your own sketches. Explore group compositions or single portraits. All types of medium welcome.

**Watercolour Painting for Pleasure** Bob Forster Tuesday 10.00 - 12.00  
(Intermediate and Advanced)

**Drawing and Watercolour** Bob Forster Tuesday 2.00 - 4.00  
(All abilities including beginners)

**Drawing** Robert Coppillie Wednesday 9.15 - 10.45

**Watercolour Landscapes** Robert Coppillie Wednesday 11.00 - 1.00

**Watercolour** Eric Packard Thursday 10.00 - 12.00

**Watercolour 'with a difference'** David Howe Friday 10.00 - 12.00  
The classes are very informal, allowing for a wide variety of ability - the tutor is happy to share his experience and enjoyment of painting with students. Although mainly in watercolour, an importance will be given to drawing and in expression in other media.

**Parchment Craft** Sue Wilcox Tuesday 1.30 - 3.30  
Instruction is given and tools supplied for beginners in this ancient craft. Make greetings cards and decorative items, and those with more experience can progress to pictures, boxes and more ambitious projects. Materials available from the tutor.

**Patchwork and Quilting** Kim Shaw Saturday 10.00 - 12.00  
Suitable for all abilities with guidance, patterns and materials available from the tutor, the course will cover a variety of projects ranging from 'Bobbly Baskets' or Christmas wreaths, bags, stencilling, cushion covers and card making. Kits will be available for you to purchase if you wish, but bring your own supplies if you have them. **10 sessions (October 2010 - March 2011)**

### **PAPERCRAFT WORKSHOP WITH ELIZABETH MOAD**

This friendly and informal two-part craft day will begin with paper quilling techniques and then move on to rubber stamping.

No prior experience needed

All materials and tools will be provided, included in the cost.

**WEDNESDAY 21<sup>ST</sup> JULY, 10.00 - 4.00**

**Cost £19.00**

Lunch is available in Chapter's Restaurant and students will receive a £2 voucher towards the cost of their meal.

Bookings will be taken from 9am, Tuesday 13<sup>th</sup> July at the library desk. Postal bookings will be dealt with 12.00 noon on that day.

DAY	TIME
Monday	10.00 - 12.00
Monday	10.00 - 11.15
Monday	11.30 - 12.45
Monday	9.30 - 11.00
Monday	11.30 - 1.00
Monday	1.15 - 2.45
Monday	1.30 - 3.30
Monday	1.30 - 3.30
Tuesday	10.00 - 12.00
Tuesday	2.00 - 4.00
Tuesday	9.45 - 11.00
Tuesday	11.15 - 12.30
Tuesday	11.00 - 12.30
Tuesday	1.30 - 3.30
Tuesday	1.30 - 3.30
Wednesday	10.00 - 12.00
Wednesday	9.15 - 10.45
Wednesday	11.00 - 1.00
Wednesday	12.30 - 2.00
Wednesday	2.30 - 4.00
Wednesday	1.15 - 2.45
Wednesday	9.30 - 11.00
Wednesday	11.15 - 12.45
Wednesday	10.00 - 12.00
Wednesday	10.00 - 12.00
Alternate Wednesdays	2.00 - 4.00
Thursday	10.00 - 12.00
Thursday	10.00 - 12.00
Thursday	10.00 - 12.00
Thursday	9.30 - 11.00
Thursday	11.30 - 1.00
Thursday	1.15 - 2.45
Thursday	2.00 - 4.00
Friday	10.00 - 12.00
Friday	10.00 - 12.00
Friday	10.00 - 12.00
Friday	2.00 - 4.00
Saturday	10.00 - 12.00

# STUDY GROUPS FOR AUTUMN 2010

COURSE	TUTOR	WEEKS (1 or 2 terms)	AUTUMN TERM DATES	HALF TERM	COST (1 or 2 terms)
Botanical Painting	Sara Harrington	12 or 24	13 Sept - 6 Dec	25 Oct	£39/£68
Fit for Life	Alison Basil	12 or 24	13 Sept - 6 Dec	25 Oct	£39/£68
Fit for Life	Alison Basil	12 or 24	13 Sept - 6 Dec	25 Oct	£39/£68
Spanish - Beginners	Marga Spilman	12 or 24	13 Sept - 6 Dec	25 Oct	£39/£68
Spanish - Improvers	Marga Spilman	12 or 24	13 Sept - 6 Dec	25 Oct	£39/£68
Latin - Beginners	Karen Patrick	12 or 24	13 Sept - 6 Dec	25 Oct	£39/£68
Painting People and Places	Tom Davey	12 or 24	13 Sept - 6 Dec	25 Oct	£39/£68
Genealogy - Family History via the Internet	Chris Banham	10	13 Sept - 29 Nov	25 Oct & 8 Nov	£32.50
Watercolour - Intermediate and advanced	Bob Forster	12 or 24	14 Sept - 7 Dec	26 Oct	£39/£68
Drawing & Watercolour, all abilities	Bob Forster	12 or 24	14 Sept - 7 Dec	26 Oct	£39/£68
Yoga	Adrienne Marriott	12 or 24	14 Sept - 7 Dec	26 Oct	£39/£68
Yoga	Adrienne Marriott	12 or 24	14 Sept - 7 Dec	26 Oct	£39/£68
Italian - Improvers	Angela Petch	7 or 19	2 Nov - 14 Dec	n/a	£22.75/ £54
Parchment Craft	Sue Wilcox	10	14 Sept - 23 Nov	26 Oct	£32.50
Mind Games	Lesley Benson	4	14 Sept - 5 Oct	n/a	£13
Singing for Fun	Carolyn Comberti	8	15 Sept - 10 Nov	20 Oct	£26
Drawing	Robert Coppillie	10 or 20	15 Sept - 24 Nov	27 Oct	£32.50 /£56.75
Watercolour Landscapes	Robert Coppillie	10 or 20	15 Sept - 24 Nov	27 Oct	£32.50 /£56.75
Alexander Technique	Rosalind Field	12 or 24	22 Sept - 15 Dec	27 Oct	£39/£68
Alexander Technique	Rosalind Field	12 or 24	22 Sept - 15 Dec	27 Oct	£39/£68
German - Beginners	Karen Patrick	12 or 24	15 Sept - 8 Dec	27 Oct	£39/£68
French - Beginners	Fiona McDonald	12 or 24	15 Sept - 8 Dec	27 Oct	£39/£68
French - Improvers	Fiona McDonald	12 or 24	15 Sept - 8 Dec	27 Oct	£39/£68
Café Francais	Dominique Nightingale	6	21/7, 11/8, 15/9, 20/10, 17/11, 15/12	n/a	£19.50
Discussion Forum	Karen Patrick	4	8 Sept, 13 Oct, 10 Nov, 8 Dec	n/a	£13
Creative Writing	Peppy Barlow	7 or 17	15 Sept - 8 Dec	n/a	£22.75 /£48
History - Divided Kingdoms	Dr Simon Doney	10	16 Sept - 25 Nov	28 Oct	£32.50
Introduction to Computing (Venue - Ipswich and Suffolk Club)	Chris Banham	8	16 Sept - 18 Nov	14 Oct & 11 Nov	£98
Watercolour	Eric Packard	12 or 24	16 Sept - 9 Dec	28 Oct	£39/£68
Latin - Improvers	Karen Patrick	12 or 24	16 Sept - 9 Dec	28 Oct	£39/£68
German - Improvers	Karen Patrick	12 or 24	16 Sept - 9 Dec	28 Oct	£39/£68
German - Advanced	Karen Patrick	12 or 24	16 Sept - 9 Dec	28 Oct	£39/£68
Philosophy of Love, Sex and Marriage	Dr Alan Collett	10	30 Sept - 9 Dec	4 Nov	£32.50
Creative Writing - Building a Character	Sally Wilden	10	17 Sept - 26 Nov	29 Oct	£32.50
Poems, Prose and Pictures	Michael Stagg	12 or 24	17 Sept - 10 Dec	29 Oct	£39/£68
Watercolour "With a Difference"	David Howe	12 or 24	17 Sept - 10 Dec	29 Oct	£39/£68
Music and Art	Prof Chris Green	6	24/9, 8/10, 22/10, 5/11, 19/11, 3/12	n/a	£19.50
Patchwork and Quilting	Kim Shaw	10	2/10, 9/10, 27/11, 4/12, 11/12, 15/1, 22/1, 12/2, 26/2, 5/3	n/a	£32.50

TRIANON MUSIC GROUP IN ASSOCIATION WITH THE  
IPSWICH INSTITUTE

## ***SEX, LIES AND OPERA PLOTS***

Ever wondered about the fascination of opera? Is it to do with the plots fraught with sex and lies? Trianon's Artistic Director and Conductor Professor Chris Green will be giving a witty, informative, illustrated talk on opera:

**SATURDAY 14 AUGUST**  
**10.30 - 11.30am**

The Ipswich Institute, Admiral's House  
13 Tower Street, Ipswich

**Tickets: £4.50 including coffee and cake**

Disabled access at the rear of Admiral's House

Profits from the event will be donated to the Stroke Association and Ipswich Stroke Support Group.

**Tickets from the Library Desk**



## **DATE FOR YOUR DIARY**

The next Institute Saturday Experience will be held on 30<sup>th</sup> October 2010.

Full details will be in the next newsletter

### **Email**

If you have an email account and would like us to use it for Institute correspondence, including newsletters, please let us know your address.

## ***DAY LECTURES***

### **Tuesday 7<sup>th</sup> September. Walking Tour of Ipswich Waterfront with John Field**

We are repeating this very popular tour of the waterfront when John Field will cover some aspects of the history of the port of Ipswich, an exploration of the recent buildings and ongoing developments. There will be even more to see than last year! Assemble at pedestrian entrance to Duke Street Car Park. 2.00 - 4.00 (with a break for tea/coffee included) **£4.50**

### **Tuesday 5<sup>th</sup> October. Satire in Song with Joyce Kember**

Comic song writers from Gilbert & Sullivan to Flanders and Swann illustrated by original recordings. Come along and enjoy this amusing and nostalgic afternoon including recordings from Noel Coward, Tom Lehrer, Bernard Cribbins and Allan Sherman. 1.30 to 2.30 **£3.00**

## ***WEDNESDAY EVENING COURSES***

**Creative Crafts Elizabeth Moad 7pm - 8.30pm**

From 15<sup>th</sup> September (NOT October 27<sup>th</sup> half-term) for 10 weeks £32.50

Elizabeth Moad returns to the Institute to offer an evening class, which will explore a variety of paper craft techniques, including rubber stamping, quilling and scrapbooking as well as other crafts, such as metal embossing and glass painting, to make cards, tags and gifts.

### **Starting from Scratch: A Beginners Guide to Watercolour painting**

**Bob Forster 7pm - 8.30pm**

From 15<sup>th</sup> September (NOT October 27<sup>th</sup> half-term) for 10 weeks £32.50

Bob Foster offers an evening class which will be for beginners. The course will cover bold washes to dry brushing and on the first evening you are asked to bring a pencil and note-pad with you.

**Enrolment arrangements for Wednesday Evening courses are as for Day Courses. See information panel on front cover and use the enclosed course enrolment form**

## **WEDNESDAY EVENING TALKS**

**Unless otherwise stated, all these events take place in the ADMIRAL'S HOUSE, 13 TOWER STREET from 7.00 - 8.30 p.m. and cost £3.50 (includes coffee on arrival).**

28<sup>th</sup> July                      **Pearly Kings and Queens**                      **Gerry Baxter**

The Pearly Kings and Queens of London form part of our heritage and in various guises have been around for over a 1000 years! Gerry, an original Pearly King, will explain their origins and traditions. Costers, as they were known, admired style and panache. They also developed their own secret language which pre-dates cockney rhyming slang, and was apparently used to confuse punters and the police when necessary! Gerry is able to bring examples, for us to see, of the wonderful costumes worn by his children plus many photographs from the archives.

8<sup>th</sup> September              **Glider Pilots at Arnhem**                      **Mike Peters**

Mike is a Major in the 4<sup>th</sup> regiment, Army Air Corps, based in Wattisham and is a battle-field guide and military historian. His illustrated talk, based on the book of the same name, tells of the historic contribution of the glider pilot regiment in the Second World War. These men were already experienced soldiers who volunteered to join the airborne forces and take the fight to the Germans in a totally new regiment. Copies of the book, which covers previously unpublished material, will be available to purchase on the night at a specially reduced price.

22<sup>nd</sup> September              **Oliver Cromwell**                      **Mark Mitchels**

Cromwell's life and character had several different facets. He went from farmer to Lord Protector in a decade and changed England forever. Mark will give us his lively interpretation of Cromwell's extraordinary rise to power and how religion was the motivation that drove him. £4.00

29<sup>th</sup> September              **Royal Caterer**                      **Patrick Thompson**

Plucked from the relative comfort of working for J. Lyons and Co., Patrick tells of his move to 'Buck House' and working for the Queen. This hilarious talk gives an insight behind the scenes in the Queen's household and the mistakes he made before learning the required etiquette when meeting Her Majesty!

13<sup>th</sup> October                      **Bungay through time**                      **Chris Reeve & Martin Evans**

This lecture will be based on Chris Reeve's recently published book, supported by Martin Evans, who produced the illustrations. Bungay 'the Jewel in Waveney's Crown' is a small market town, owing its sparkling title both to its rich heritage of historic buildings and its superb setting poised above the lovely water meadows of the river Waveney. Chris's talk will, no doubt, illustrate how the townsfolk have always contributed to the popularity of 'Bootiful Bungay'!

20<sup>th</sup> October                      **Historic Poisonings in Suffolk**              **Sheila Hardy**

A welcome return visit for Sheila to the Institute, with a talk on her new book 'Arsenic in the dumplings'. I don't think I need say more!

***Car parking for Wednesday evenings may be available in the Social Services car park next to Admiral's House. Please ask at the library desk for a parking pass, although places cannot be guaranteed.***

***Please book for all lectures and talks at the library desk as early as possible to ensure we know the expected take-up and can avoid cancellations.***

## EDUCATIONAL TRIPS

	Date of Trip	Booking Date
<b>HEVER CASTLE</b> The home of Anne Boleyn. A double-moated castle in Kent dating back to 1270, with wonderful gardens. <b>£25</b>	<b>Thursday 22<sup>nd</sup> July</b>	Already booking
<b>LORD'S</b> English Cricket HQ. A guided tour of the ground, the museum and the pavilion and more. <b>£25</b>	<b>Tuesday 24<sup>th</sup> August</b>	Tuesday 6 <sup>th</sup> July
<b>V &amp; A MUSEUM</b> An opportunity to visit the world's greatest museum of art and design <b>£18</b>	<b>Thursday 30<sup>th</sup> September</b>	Thursday 26 <sup>th</sup> August
<b>BUCKINGHAM PALACE</b> The Queen's Gallery for the Victoria and Albert exhibition "Art and Love" <b>£25</b>	<b>Thursday 21<sup>st</sup> October</b>	Thursday 23 <sup>rd</sup> September
<b>THEATRE ROYAL NORWICH - NUTCRACKER</b> A matinee performance of the much loved Tchaikovsky ballet, performed by Northern Ballet. Free time in the morning. <b>£35</b>	<b>Thursday 4<sup>th</sup> November</b>	Tuesday 20th July <b>NOTE EARLY BOOKING</b>

### 2011 Annual Break Eastbourne

Our next annual Educational Break will be to Eastbourne from 8<sup>th</sup> - 12<sup>th</sup> May, 2011.

There will be opportunities to visit Knole Park, Herstmonceux Castle, Great Dixter Gardens, Rye and Kipling's home 'Batemans'.



Price per person  
 £395 double room sharing  
 £450 single room

Booking Date: **Friday 10<sup>th</sup> September.**

Your early attention is advised.

*Information pack available from the desk from August 10th.*

#### CREDIT CARDS?

The trustees would like your views. Please complete the enclosed questionnaire and return it to the library desk.

## CHAPTERS RESTAURANT SUMMER SPECIAL

Two Course Meal

£7.50



Through July & August

Enjoy a relaxing lunch or a swift bite from our special summer menu